

CPIA Project #1

Care That Counts: At Risk Patients for Diabetic Foot Ulcers

CATEGORY – IA_PM_13 Population Management

Proactively manage chronic and preventive care for empaneled patients that could include one or more of the following:

- Provide patients annually with an opportunity for development and/or adjustment of an individualized plan of care as appropriate to age and health status, including health risk appraisal; gender, age and condition-specific preventive care services; plan of care for chronic conditions; and advance care planning;
- Use condition-specific pathways for care of chronic conditions (e.g., hypertension, diabetes, depression, asthma and heart failure) with evidence-based protocols to guide treatment to target;
- Use pre-visit planning to optimize preventive care and team management of patients with chronic conditions;
- Use panel support tools (registry functionality) to identify services due;
- Use reminders and outreach (e.g., phone calls, emails, postcards, patient portals and community health workers where available) to alert and educate patients about services due; and/or
- Routine medication reconciliation.

DESCRIPTION

The purpose of this CPIA is to identify and educate your patients who are at risk for the development of diabetic foot ulcers (DFUs). Since patients may not understand their risk factors or the need for preventive care, providers must be proactive to engage patients to attend preventive foot care visits for their diabetes.

WHAT TOOLS YOU NEED TO PERFORM THIS CPIA

You will need a self-check foot exam tool.

WEIGHT

Medium (10 points)

YOUR ACTIVITY

- 1) Identify the diabetic patients in your practice that are at risk for DFU.
- 2) Discuss and educate these patients on the importance of routine preventive foot exams for their diabetes through self-check tools.
- 3) Log into the USWR website to fill out the web form for this CPIA project.

REFERENCES

- i. Comprehensive Foot Examination and Risk Assessment, Boulton, et. al, Diabetes Care 2008 Aug; 31(8): 1679-1685. <http://dx.doi.org/10.2337/dc08-9021>.
- ii. See ONC's guidelines for launching Patient Portals in the Patient Engagement Playbook at <https://www.healthit.gov/playbook/pe/>